**WINTER • 2019** 

# the journey

A CONNECTION TO FRIENDS, SUPPORTERS AND RESIDENTS OF WELCOME HOUSE

Panny Trejo
Film and television actor. Entrepreneur.
Welcome House Keynote Speaker.
50 years sober.

April 24, 2019 • 7:30 a.m. • Overland Park Convention Center

## **Star-powered morning!**

From addiction, to prison, to silver screen, actor Danny Trejo has the spotlight at 6th Annual Welcome House Breakfast.



Welcome House Breakfast 2019 co-chairs Katie Castro and Grant Baumgartner

Renewal: Rise Again!

That's the vibe of this year's Welcome House Breakfast on April 24, 2019, and it is the real-life story line of actor Danny Trejo.

With a prolific Hollywood career, appearing in box office hits like *Marked for Death, Heat, Desperado, From Dusk till Dawn, Anaconda, Con Air*, and *Machete*, Trejo got a second chance at life after a first go-round as a junkie, professional thief and hardcore inmate in some of the worst prisons in California.

Trejo will share his extraordinary journey in recovery and 50 years of sobriety as this year's keynote speaker.

"We are super excited to welcome Danny Trejo to Kansas City and to introduce him to Welcome House," says Grant Baumgartner, co-chair of the event alongside his fellow Welcome House board Member Katie Castro.

In addition to sustaining the recovery services provided to nearly 500 residents annually, the breakfast has established an exceptional caliber of support. This includes friends like the legendary Tom Watson, high-profile speakers such as Royals General Manager Dayton Moore, MLB icon Darryl Strawberry, and NFL QB Ryan Leaf, along with many generous corporate and individual sponsors.

"Our goal this year is to assemble a dream team of 100 table captains who each will take point in hosting nine friends at their table," says Katie. While complimentary to attend, guests will have an opportunity to contribute to Welcome House as well as to take part in an auction and a raffle for fabulous prizes.



#### **Everyday Miracles**

"I remember asking God,
'Let me die with dignity.
Just let me say goodbye.
And if you do, I will say
your name every day,
and I will do whatever
I can for my fellow man.'

I have been keeping that promise ever since."
- DANNY TREJO

on narrowly avoiding the gas chamber after being accused of starting a prison riot



For event, table captain or sponsor information, visit WelcomeHouseKC.org

## Leading the Way

In step with Jamie Boyle, President & CEO

#### **Dear Friends-**

For those of us in recovery, the year ahead will be one of challenges, opportunities, failures and successes. Whether we take things day-byday, hour-by-hour, or minute-by-minute, we ultimately learn that our journey is much more than defending a sobriety date. It's about living our best lives and being fully present to the ones we love.



The ones who call us husband, brother, son, friend and Dad.

If ever there was a time to lean into our sponsor, turbo-charge our program, or just get started with one, this is it.

In 2019, you'll hear more about our vision and plans for the future of Welcome House – one that will increase our program capacity, respect the men we serve, and better enable us to deliver our mission.

As our leadership is assessing our needs and making plans for a bigger, better Welcome House, we've never been more mindful of what makes a house a home. More than a solid foundation, a sturdy roof, or state-of-the-art systems, it's the people inside that matter most. At Welcome House, it's our talented staff, dedicated volunteers and determined residents that bring our mission to life.

As we look to 2019, please know we're abundantly grateful for all you do in support of our mission to serve our residents and the ones who love them.

The ones who call us husband, brother, son, friend and Dad.

With gratitude,

Jamie Boyle, President/CEO

#### giving@WelcomeHouse

Whether you give a little or give a lot, it all adds up to expert services and hope-filled care for residents of Welcome House.

- Share a one-time or monthly gift.
- Give in-kind items from the Wish List on our website.
- Donate at WelcomeHouseKC.org or mail your check to:

Welcome House • 1414 E. 27th Street • Kansas City, MO 64108



Winter Clothing Drive

Our residents need cold-weather clothing, coats, hats and gloves. Denim jeans are always in demand, as well. Consider a donation drive at your office, school or church, or host a "jeans day," with co-workers making a cash donation to wear jeans to the office. Jeans may be dropped off any time at Welcome House.



Welcome House is committed to providing a high-quality, moral, and open residential program to recovering alcoholics and drug-addicted men facing the difficult transition from treatment, incarceration, and homelessness to reintegration back into society as productive citizens.

## get in touch

**Welcome House** 1414 E. 27th Street Kansas City, MO 64108

816.472.0760



facebook.com/ welcomehousekansascity





info@welcomehousekc.org







WELCOME HOUSE 6TH ANNUAL BREAKFAST

RENEWAL

RISE AGAIN



#### 100 DAYS · 100 CAPTAINS

Rise up! Join our team of Table Captains.

#### What does it take to be a Table Captain for the Welcome House Breakfast?

- Serve as an Ambassador for the mission of Welcome House: share with others the good work we do in our community as one of Kansas City's leading residential recovery programs.
- Commit to inviting nine friends, colleagues or community members to join you at the Welcome House Breakfast on April 24, 2019.
- Though the event is complimentary to attend, Table Captains take the lead in sharing a contribution in an amount of their choice and encouraging their guests to do the same.

Visit WelcomeHouseKC.org to learn more.

## 2019 Table Captain Registration

#### Who's In?

Help us register 100 Table Captains in the next 100 Days.

Visit WelcomeHouseKC.org or email MitchellChalk@WelcomeHouseKC.org for more information.

#### Sponsors make a difference.

Generous individual and corporate sponsors are at the heart of this high caliber event. Call Jamie at Welcome House - 816.472.0760 - to learn about the benefits of sponsorship.



RESIDENT SPOTLIGHT

SCOTT SAYLOR

FRONT DESK ASSOCIATE

AT WELCOME HOUSE

#### How has Welcome House influenced your life and your recovery?

I had tried just about everything before coming here. What I found was a well-structured, recovery-centered environment that would allow me to work a job, make a start toward personal financial responsibility, and to do the things necessary to improve the quality of my life. I needed to be accountable to recovery basics while focusing on physical and mental health, legal and financial issues.

### What have you learned about yourself during recovery?

There's a saying in recovery circles: "If nothing changes, nothing changes." I've

learned that I'm no exception. I have spent far too long feeling like a victim of circumstance. It's clear now that whatever the cause or the reasons for my alcoholism, I'm the only person who can work for positive change.

#### How is your recovery journey making you a better person?

I am fortunate in my daily responsibilities working the front desk at Welcome House to practice patience and tolerance for my fellow recovering addicts and alcoholics. I am humbled every time I help admit a new resident, asl am reminded of the day I came in myself, utterly beaten by my alcoholism. I am grateful that the people here were willing to take a chance on me as a new resident.









# DONOR SPOTLIGHT

Judge Cleveland F. Moulton Christmas Poor Fund

#### **Making spirits bright!**

Fund spreads Christmas cheer at Welcome House with gifts to warm body, heart and soul.

A cozy flannel shirt, a package of new socks, and a warm winter hat for each Welcome House resident were more than gifts of comfort and joy at this year's Christmas meeting.

It was a kindness that truly lifted spirits of the men, many of whom were spending the holiday season away from loved ones.

#### "I took a moment to say a prayer of thanks that there are people out there who care about me."

- Bryan, Welcome House Resident

"This can be a time of stress and high anxiety, especially for individuals in recovery," says Operations Director Micah Haen.

"The gifts made possible by the Judge Moulton Fund warmed bodies as well as a lot of hearts. We're grateful for the fund's longtime support for the underserved in our community."

WELCOME HOUSE HAS
BENEFITED FROM MORE THAN
\$8 million IN

PRIVATE DONATIONS,
SERVED OVER **1,400,000**MEALS, HELD **44,000**12-STEP MEETINGS,
AND HELPED MORE THAN

17,000

MEN SEEKING SOBRIETY

AND A PLACE TO

TURN THEIR LIVES AROUND.

IT'S ALL POSSIBLE BECAUSE OF YOU!





## Welcome House claims gold and silver Philly Awards in 2018!

A compelling identity campaign and all-new dynamic website earned Welcome House gold and silver Philly Awards, respectively. Nonprofit Connect's coveted Philly is to KC's nonprofit community what the Oscar is to the film industry.

"It's an honor to be among our nonprofit peers who are doing great work in Kansas City," says CEO Jamie Boyle. "Our teams did an awesome job of promoting our mission through the creative billboard campaign and our engaging website."

More than 160 entries from 95 different nonprofits contended for the 2018 honors, judged by marketing experts in non- and for-profit industries.



# living the journey

Community, Resources and Recovery at Welcome House





#### 6 DOABLE RESOLUTIONS FOR RECOVERY

Making it real: recovery does not always begin on a set date,

with a defining moment, or a simple resolution.

The journey of recovery is a day-by-day series of positive changes, beginning with a program that focuses on accountability. Resolving to live the journey takes time, perseverance, determination and support.



Resolve to lean on loved ones and a sponsor for support.

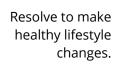


Resolve to take responsibility for your actions and intentions.



Resolve to seek new opportunities to be of service to others.









To learn more, visit WelcomeHouseKC.org, call 816.472.0760.



### Hope for the Journey

A planned gift to Welcome House allows individuals to leave a hope-filled legacy by supporting recovery services for those suffering from alcohol and drug addiction.

When you designate a planned gift in your estate, you will be invited to join *Hope for the Journey*, a community of thoughtful supporters who are leaving a legacy of hope, care and generosity for Welcome House.

Giving options include wills and living trusts, retirement plan assets, tax-free IRA contributions, securities, life insurance and property.

What will be your legacy?

To learn more, please contact President/CEO Jamie Boyle, 816.472.0760 or email jamie@welcomehousekc.org. A planned gift commitment form is available at WelcomeHouseKC.org.



#### HEROES IN RECOVERY

Casey Urso
MAADC I, CPS, PP-PE 2

## RECOVERY PEER SUPPORT SPECIALIST AT WELCOME HOUSE

Casey Urso knows first-hand the power of support. He's benefited from it in his own recovery and, as a Recovery Support Specialist at Welcome House, he generously shares it with residents.

Seldom does recovery take place in isolation. "We know that residents will be most successful within the context of supportive relationships," he says. "Support may come from a sponsor, a family member, a peer, our staff or a trained lay counselor."

"Residents are motivated by different things. Some are tired of living on the streets. Some want to get custody of their kids, or improve a relationship with a spouse or girlfriend," he says.





Casey Urso supports residents throughout their time at Welcome House.

"I know of a resident who initially came to the city thinking he could use more (drugs) when he got here, but once at Welcome House, that all changed," says Casey. The young man continues to make progress in his recovery from drug addiction.

66 Courage is found in unlikely places.

Casey sees residents for clinical assessments, progress check-ins and, of course, support with employment, treatment planning, transportation or counseling.

"We know that the accountability factor at Welcome House can be over-whelming to residents, such as paying rent and getting a job," Casey says. With the courage to ask for help,"we can ease their anxiety with plenty of resources and support."